

PRE-OPERATIVE INSTRUCTIONS

1. DO NOT EAT ANY SOLID FOOD OR DRINK ANY LIQUIDS **after midnight –the day prior to your surgery**. This includes: candy, chewing gum, cough drops, mints, formula, milk, milk products, orange juice, any juice with pulp, soda, soft drinks and carbonated beverages.
2. Please take your regular medications the morning of surgery with a small sip of water. DO NOT TAKE DIURETICS (WATER PILLS), ORAL DIABETIC MEDICATION OR INSULIN UNLESS TOLD BY YOUR PHYSICIAN. If you have any questions about your medication, call the Center at (302)-777-4800.
3. Bring a list of all your medications and allergies to the Center.
*** If you have a LATEX ALLERGY, please notify the Center prior to your surgery date.
4. PLEASE **DO NOT**:
 - Wear make-up including eye brow pencil, eye liner or mascara.
 - Wear perfume or cologne.
 - Bring valuables.
 - Wear jewelry including body piercings.
 - Wear contact lenses.
5. Wear loose, comfortable clothing.
6. You must have a responsible adult who can drive you home from the Center after your procedure. If transportation is an issue, please call the Center at least 2 business days prior to your surgery date at 302-777-4800. For a nominal fee of \$20 we can arrange for your transportation to and from the facility.
7. Please make arrangements to have a responsible adult care for you the first 24 hours after your procedure. If you are having general anesthesia, it may be cancelled if you do not have a responsible adult to care for you.
8. Parents/Guardians MAY NOT LEAVE the facility when their child is in surgery.
9. If you have POWER of ATTORNEY, he/she MUST be present day of surgery. If your POA is unable to be present, contact the Center prior to your surgery date. Please bring a copy of POA papers with you the day of surgery.
10. We will call you 3-5 days prior to your procedure to inform you of your arrival time. Please note, some patients will receive their arrival time directly from their Physician's office.

11. We look forward to seeing you the day of your surgery.